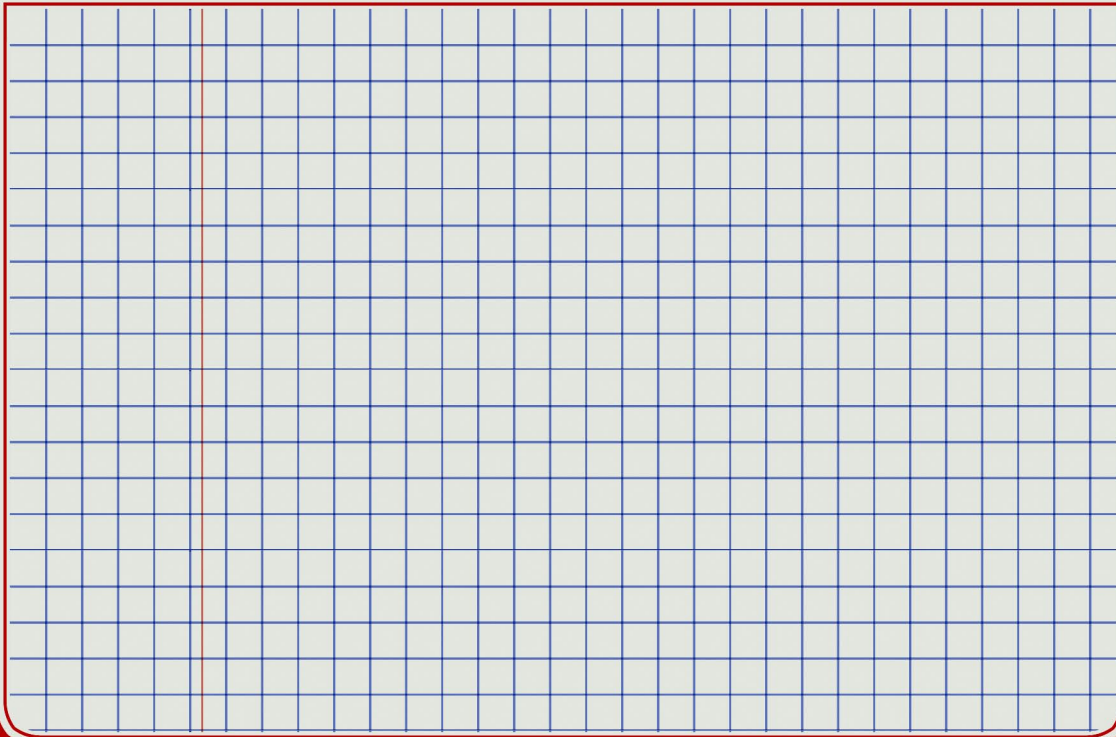
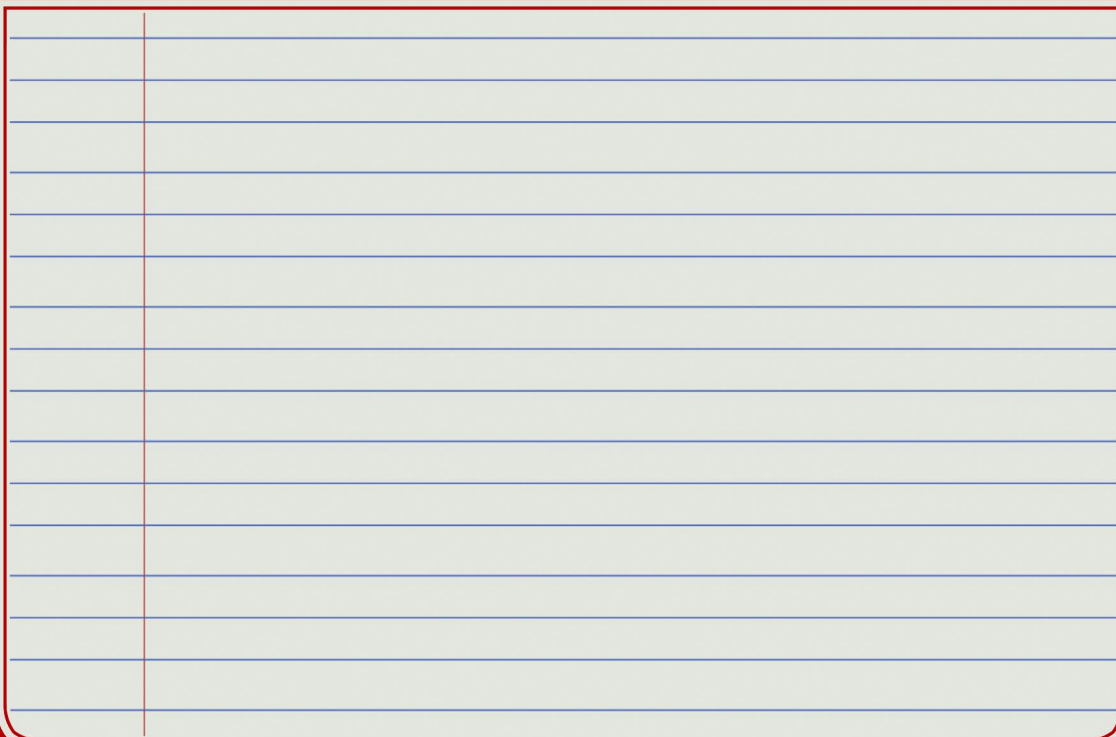


# Journaling Spots by Creativity Prompt

A large rectangular area with a light gray background, enclosed by a thick red border. It contains a grid of blue lines forming 20 columns and 30 rows. A single vertical red line is positioned between the 5th and 6th columns, creating a narrow margin on the left side.A large rectangular area with a light gray background, enclosed by a thick red border. It contains horizontal blue lines for writing, with approximately 20 lines in total. A single vertical red line is positioned near the left edge, creating a narrow margin.

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